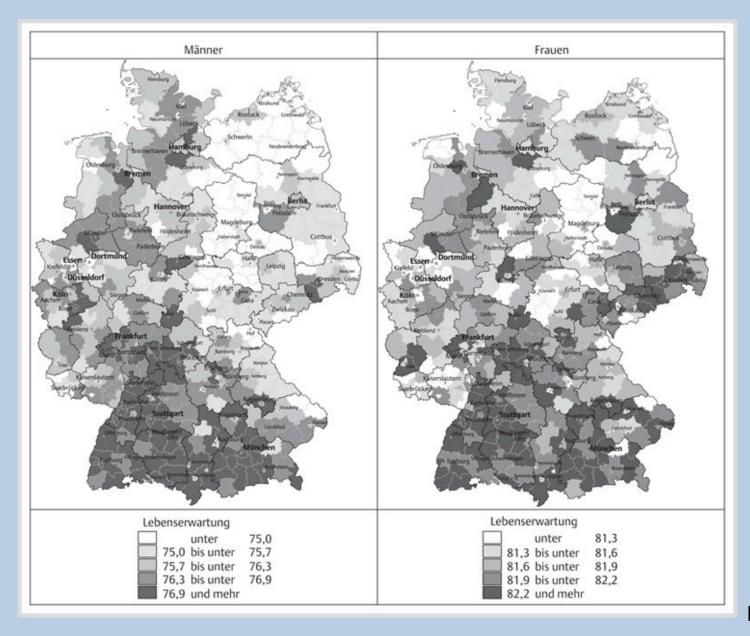


# environMENTAL: Phenotyping regional sociobehavioral effects

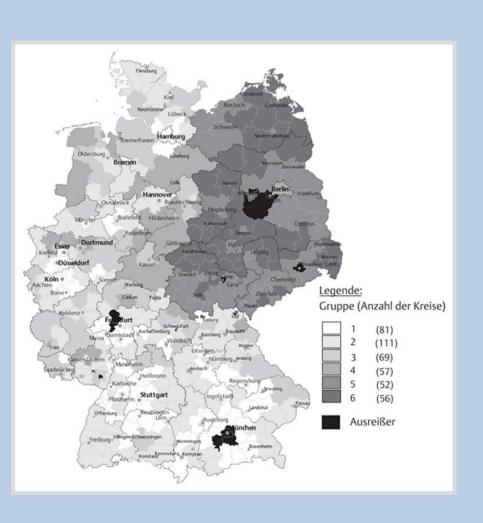
Michael Rapp, MD, PhD
Social and Preventive Medicine
University of Potsdam

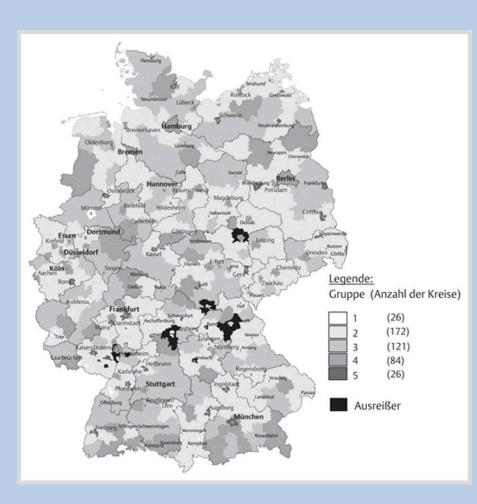
#### Life expectancy in Germany



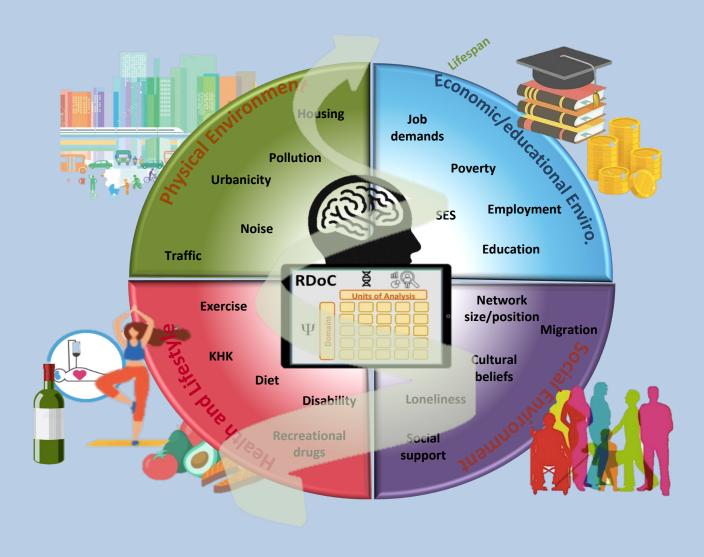
#### **Regional SES**

#### Health System





#### Addressing social diversity: Units of analysis



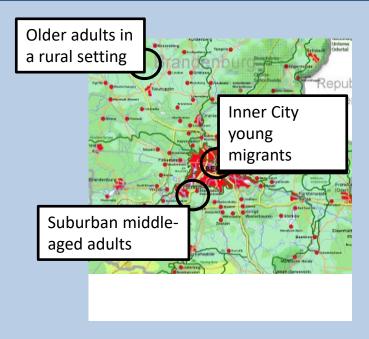
Social factors

Health behavior and lifestyle

Economic/educational envrionment

Physical environment

Epidemiological sampling and referencing (GNC, DEGS, KiGGs, SHARE, GIGA network)



Translating epidemiological risk factors in regional samples.

### Mental health and regional social deprivation: Depression in the inner city

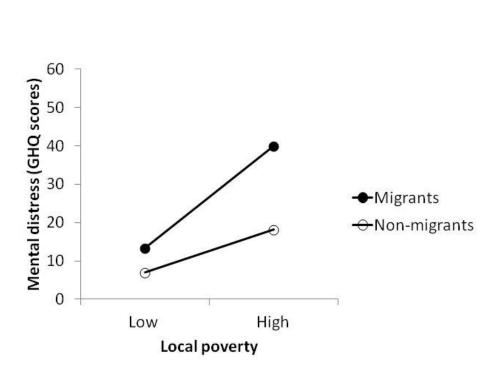


N = 428

Mental Health (GHQ\_28 scores) = bar height

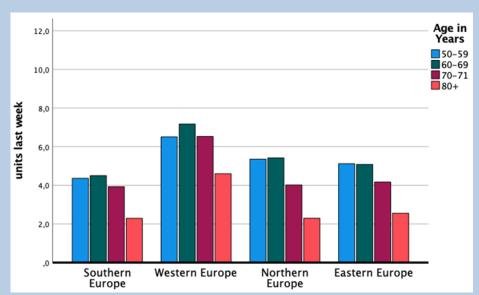
Social deprivation (% unemployed in a region; yellow< 20%; red: >40%) = color

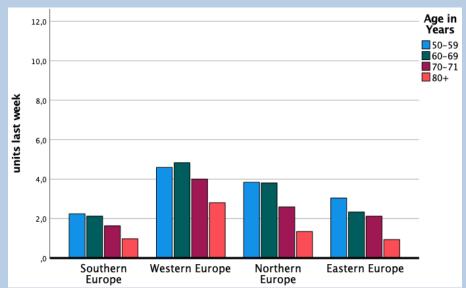
### Inner city migrants are more vulnerable to regional socioeconomic deprivation



GHQ<sub>i,n</sub> = 
$$\beta_i$$
 \*age<sub>i,n</sub> +  $\beta_i$  \*gender<sub>i,n</sub> +  $\beta_i$  \*education<sub>i,n</sub> +  $\beta_i$  \*income<sub>i,n</sub> +  $\beta_n$  \*ethnic density<sub>i,n</sub> +  $\beta_n$  \*social deprivation<sub>i,n</sub>

## Social context and mental health: Risky alcohol consumption in middle-aged and older adults in Europe (SHARE study)





Men (N = 27.087)

Women (N = 35.918)

Rapp et al., in prep.

Heinz, Beck, Rapp, JAMA Psychiatry, 2017.

### Predictors of risky alcohol consumption in middle-aged and older adults in Europe (SHARE study)

Variable	OR	95% CI
Female gender	0.298***	0.285 - 0.312
Age (Ref. 80+ yrs)		
50-59 yrs	2.253***	2.317 - 2.748
60-69 yrs	2.240***	2.067 - 2.428
70-79 yrs	1.731***	1.594 - 1.879
Education (in years)	1.028***	1.023 - 1.033
MS (Ref. married, living with spouse)		
Widowed/Divorced	0.870***	0.809 - 0.935
Annual household net income	1.000***	1.000 - 1.000
Heavy drinking parent	1.181**	1.042 - 1.340
Smoking	1.426***	1.367 - 1.487
Region (Ref. Southern Europe)		
Western Europe	1.835***	1.735 - 1.942
Northern Europe	1.660***	1.563 - 1.764

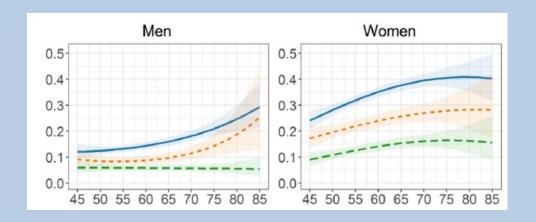
### Social context and mental health: Vulnerability for depression in older adults

#### Migration Background (SHARE study)

Prevalence of depression (%)	Non-migrants (n = 24,622)	Migrants (n = 2,140)	Adjusted* OR	Crude OR	95% CI	p values
All countries	24.2	30.6	1.35	1.38	1.21-1.51	<0.001
Southern Europe	31.4	35.5	1.15	1.20	0.78-1.70	0.278
Western Europe	22.3	29.9	1.38	1.49	1.21-1.56	<0.001
Northern Europe	17.9	31.7	1.85	2.13	1.39-2.46	<0.001

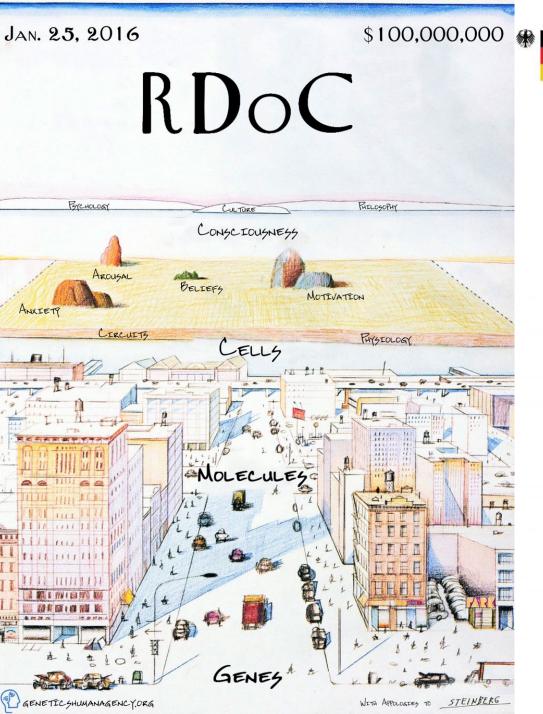
Aichberger, ..., Rapp, European Psychiatry, 2015.

#### Rurality



Rural 🔠 Semi-urban 🗐 Urban

Hu et al., Plos One, 2019.

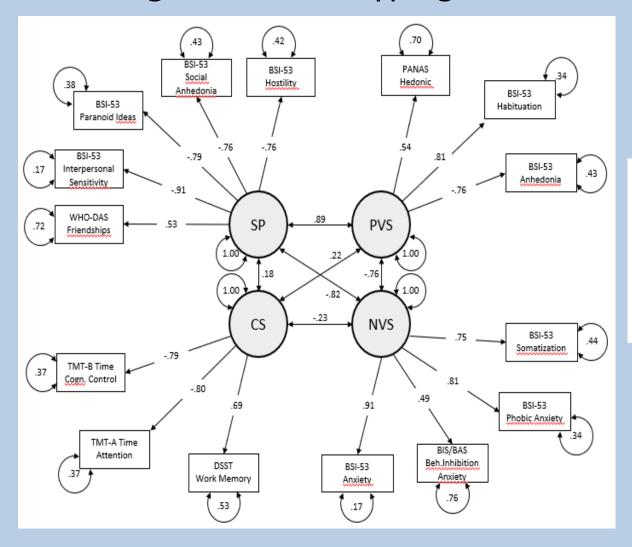




#### Forschungsnetz zu psychischen Erkrankungen



#### Transdiagnostic Phenotyping



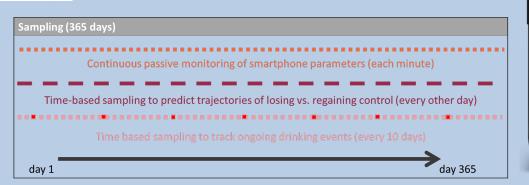
N= 1431.PVS = Positive ValenceSystems; NVS = NegativeValence Systems; CS =Cognitive Systems; SP = SocialProcesses

## SFB-TRR 265 ReCODE: A showcase of a combined longitudinal prospective cohort study complemented by deep phenotyping via ambulatory assessments

Month 0 Month 4 Month 8 Month 8  N = 300  16-32 years  - Sociodemographics - Neuropsychology - Neuropsychology - Neuropsychology - Psychometrics/ - Psychometrics/ - Psychometrics/ - Psychometrics/ - Psychopathology - Psychopatho	
N = 300  16-32 years  - Sociodemographics - Neuropsychology - Neuropsychology - Psychometrics/ - Psychometrics/ - Psychopathology - Neuropsychology - Psychometrics/ - Psychometrics/ - Psychopathology	low-up 3
- Neuropsychology - Psychometrics/ - Psychometrics/ - Psychometrics/ - Psychometrics/ - Psychopathology - Psychopatholog	onth 12
- Psychometrics/ Psychopathology Psychopathology Psychopathology	
- raychometricay raychopathology raychopathology raychopathology	
N = 300 Psychopathology - RDoC - RDoC - RDoC	Hology
33-49 years - RDoC	
N = 300 - s/f MRI	
50-65 years T 1.0 2.0 3.0	
ANG.	

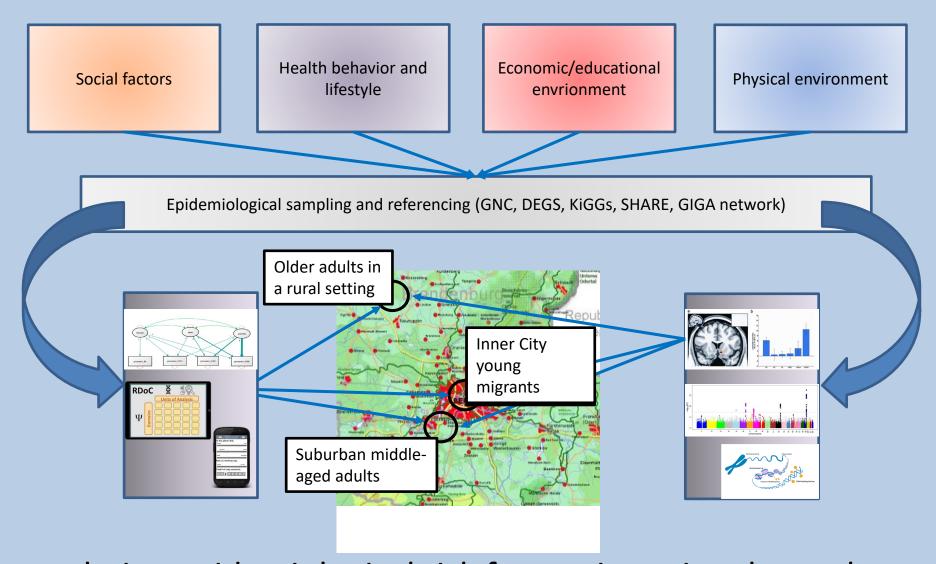
#### **Ambulatory assessment**

Data sampled every two days as well as triggered by alcohol use.





#### Targeted interventions addressing social diversity via



translating epidemiological risk factors in regional samples using a deep phenotyping approach.

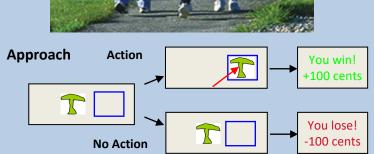
#### Mechanisms of mental health

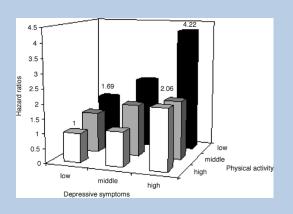
### Innovative Prevention



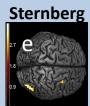


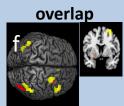


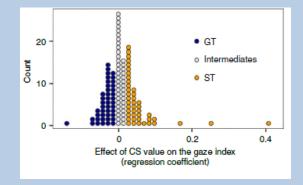


















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